

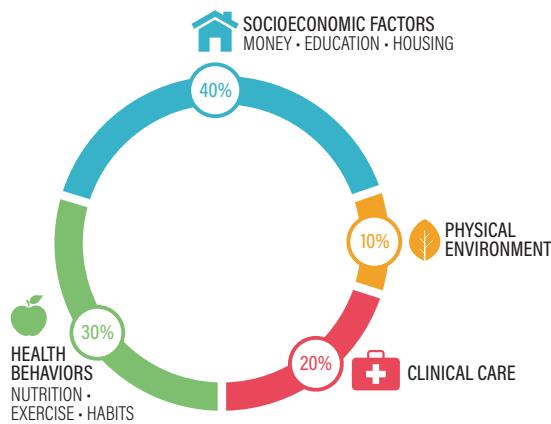
2019 Community Health Status Report

Executive Summary



"As it relates to our health, our zip code may be more important than our genetic code, our school files may be more telling than our medical files, the time spent in our office at work may be more relevant than the time spent at our doctor's office, and the places we play may be more crucial than those where we get treated...an apple a day may help keep the doctor away but that assumes you can find an apple in your neighborhood." – James S. Marks, Robert Wood Johnson Foundation Health Group

WHAT MAKES US HEALTHY



PRIORITY HEALTH ISSUES IDENTIFIED BY THE COMMUNITY HEALTH NEEDS ASSESSMENT

- Access to Care:** includes affordable care, patient navigation, health literacy, availability and affordability of long-term care, and transportation.
- Behavioral Health and Substance Use:** includes access, cost, and stigma related to behavioral health; prescription and other drug use; and alcohol use and binge drinking.
- Chronic Disease Prevention:** includes a focus on social determinants of health (e.g. housing, transportation, jobs/income, etc.), as well as on prevention strategies (e.g. fruit/vegetable consumption, physical activity, tobacco prevention, and screenings).

Suggested Collaborative Strategies to Address Community Health Needs	Sample Activities May Include
Support the development of a community-based triage center to assist residents in accessing resources for addiction treatment, behavioral health, and other needs.	Participate in behavioral health stakeholder meetings convened by the Sioux Falls Health Department. Communicate with city and county leaders and policy makers about the need for a triage center.
Develop a community-wide awareness campaign to reduce behavioral health stigma and increase earlier access to care.	Coordinate communications among community partners to share common themes and messages with the public. Support a community-wide event to raise awareness about behavioral health and substance use.
Pursue policy, system and environmental changes to maintain or increase the percentage of people living at a healthy body weight.	Support the Move Well Sioux Falls event to promote physical activity. Pursue "Live Well Healthy Place" designation for cafeterias/snack bars.
Address social determinants of health and actively support the One Sioux Falls framework that includes accessible housing, engaging people, health and safety, and workforce development.	Support efforts by the City to attain national AARP Age-Friendly Community designation. Participate in community workgroups or public meetings addressing housing and transportation needs.



Key Data Indicators for Adults in the Sioux Falls MSA